

THE SETTING

Join us for a relaxing knitting getaway in the redwoods by the California coast!



The 2024 retreat marks the twelfth year and the thirteenth retreat at St. Dorothy's Rest, which sits between the Russian River and Occidental in Camp Meeker, 1 ½ hours north of San Francisco.

This year we'll be back in beautiful Lydia House, where students have the choice of a shared room or a limited number of private rooms. All rooms in this elegant building exude simple Arts and Crafts charm and share clean, tidy baths. The meals are hearty, seasonal, and locally sourced.

During your free time, take a stroll in the woods, pop into Occidental, or just hang out and knit! Noteworthy nearby yarn shops to visit before or after the retreat include Cast Away in Santa Rosa, Fiber Circle Studio in Petaluma, Black Squirrel in Berkeley, and ImagiKnit in San Francisco.



THE ORGANIZER



Thea Gray loves sharing the joys of knitting. She began knitting about 40 years ago and has taught knitting for more than 20 years. The founder of Knitting on the Coast retreat, she is known for her bountiful patience.

Thea is a great listener, and creatively adjusts her teaching style to the needs of her students, depending on their level of experience.

— Jenny, designer

Not only is Thea a patient and thorough teacher, she's enthusiastic and skilled in many different knitting techniques. She's helped me go beyond merely following patterns.

— Rachella, writer and editor

A FEW RETREAT REVIEWS

"Excellent teaching. Restored my interest in taking classes, after a couple of bad experiences."

"The location was beautiful, food was great, teaching was great!"

"I loved everything. I appreciate so much all the energy put into the retreat. I loved all the classes and teachers."

"Thank you for putting it all together, it was magical."

"I had such a great time! Thanks for all the hard work you put into such a fun weekend."

"The people were really nice. I think it was the best retreat that I've attended."

"I am definitely interested in all your retreats. You really are a fabulous teacher."

KNITTING ON THE COAST

2024 Knitting Retreat at St. Dorothy's Rest in Camp Meeker, California



Friday to Monday, March 8-11, 2024

For more information:

www.theagray.com/knitting
knitOrama on Ravelry
thea@theagray.com
415-794-4527

RETREAT OVERVIEW

Geared to advanced beginner and intermediate knitters, **Knitting on the Coast** retreats offer a relaxed, supportive setting for you to stitch.



For the 2024 Knitting on the Coast Retreat, we're stripping away all the folderol and getting to the heart of the matter: An ongoing good old fashioned stitching social where you can work on any project you like while enjoying the company of other stitchers.

No classes—except any peer-to-peer classes that participants opt to teach, no set schedule (except, of course, the dinner bell!), no goodie bags or other fluff. Just stitching among the redwoods by the California coast and enjoying hearty food and company that's smart, fun, and fabulous.

Held in peaceful redwoods, the retreat will also include opportunities to walk in the woods and on the beach and experience true solitude. **Plus...** stitch 'n bitch gatherings, a yarn swap, and...did we mention awesome folks!? We hope you will join us in March!



THE SCHEDULE

Friday, March 8

- 3:30-5:00PM **Arrival at St Dorothy's Rest**
- 5:30-6:00PM **Orientation and initial introductions**
- 6:00-7:00PM **Dinner**
- 7:00-9:00PM **STITCH 'N BITCH: SHOW AND TELL**
Get to know attendees, sharing stories and projects.

Saturday, March 9

- 8:00-9:00AM **Breakfast**
- Noon-1:00PM **Lunch**
- 6:00-7:00PM **Dinner**
- 7:00-9:00PM **SnB: YARN WHISPERING**
Have a skein of yarn with no clear future? Bring it! Together we'll help you devise plans for it. The optional extra: A chair massage!

Sunday, March 10

- 8:00-9:00AM **Breakfast**
- 9:15-12:15PM **Nature walk**
- 12:30-1:30PM **Lunch**
- 6:00-7:00PM **Dinner**
- 7:00-9:00PM **STITCH 'N BITCH: SWAP!** Bring something stitching-related to swap.
- 9:00-10:00PM **S'mores under the stars**

Monday, March 11

- 8:00-9:00AM **Breakfast**
- 9:00-9:30AM **Group photo**
- Noon-1:30PM **Lunch and goodbyes**

Before or After

Visit local yarn stores on the way to or from the retreat or during your downtime—check their hours before you go!

In the North Bay, there's Cast Away in Santa Rosa, Black Mountain Artisans in Point Reyes Station, Fiber Circle Studio in Petaluma, and Purls of Joy in Healdsburg.

Farther south, you'll find Avenue Yarns in Albany, Black Squirrel in Berkeley, A Verb for Keeping Warm and Piedmont Yarn in Oakland, ImagiKnit and Firebird Yarns in San Francisco, and the Royal Bee Yarn in Pacifica.

SIGN UP

The **2024 Knitting on the Coast** fees 9 meals (from dinner Friday through lunch on Monday) and accommodations for 3 nights. Total fees are \$550 for a shared room and \$695 for one of the 3 private rooms.

An optional on-site massage can be arranged for \$33 for 15 minutes or \$38 for 20 minutes, payable to the masseur on site, by cash or Venmo.

Attendees must be fully COVID vaccinated, have received all available booster shots, and test before arrival if requested.

More info is at www.theagrays.com/knitting/retreat_2024.html.

To sign up: **1.** Send an email to thea@theagrays.com to hold a place at the retreat. **2.** You will receive an email confirming your place is being held and providing the address to which payment should be sent. **3.** Within a week, complete and mail this form and a check (check is preferred over PayPal, etc).

Name _____

Address _____

City _____ State _____ ZIP _____

Phone (pref mobile) _____

Email _____

Total retreat fee, based on room type preference:

- Guest room with 1 other person (**\$550**)
- Private room (3 available, **\$695**)

Check number: _____ **for TOTAL: \$** _____

Initial to attest: "By the start of the retreat I will be fully COVID vaccinated, have had all available boosters, and test before arrival if requested."

Retreat registration requests

Best efforts will be made to accommodate all lodging requests; if requests cannot be met, prices will be adjusted accordingly. Individuals who do not specify a roommate will have one assigned.

I want to share a room with the following student:
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- Please make my meals vegetarian.
- Please make my meals vegan.
- Allergy or other dietary request: